

EVENT BRIEF

EWS Les Orres Coupe du Monde

July 6-7, 2019

Enduro World Series Round 5

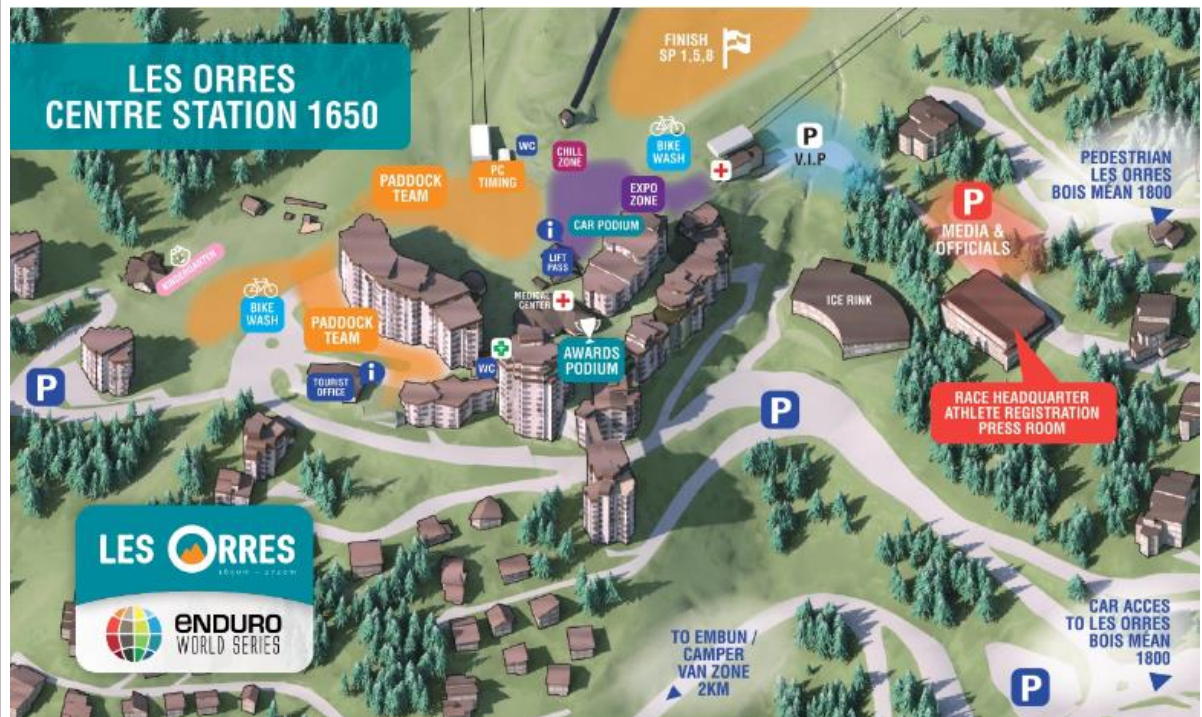
V2.3JUL

LOCATION



Les Orres, FRA

[Google Map](#)



EVENT SCHEDULE

Sunday June 30 | Course Release

Thursday July 4 | Training [select stages and times – refer to schedule]

Friday July 5 | Training [select stages and times – refer to schedule]

Saturday July 6 | Race Day 1 [stages 1-4]

Sunday July 7 | Race Day 2 [stages 5-8]



SCHEDULE:

<https://www.enduroworldseries.com/race/ews-round-5/ews-les-orres-coupe-du-monde/201880/>

REGISTRATION

EWS

Prequalified riders (based on EWS rankings / results from the 2018 and 2019 seasons) and riders on EWS teams.






EWS100

Non-members and EWS Members without Reserved ranking points.

Race is full – entries closed.









	<p>ENTRY FEE £155.50 Entries include all taxes and processing fees Entries will be processed through the centralized Enduro World Series entry system in Pounds Sterling (GBP). The Enduro Sports Organization Limited is acting as agent for Semlore Les Orres</p> <p>Entry fee includes 2 day race, 2 days of closed course marshalled training, lift access on race and training days (4 days total), shuttle from lake to station, training and race day full course medical coverage, race day feed zone, live timing, backup timing, racer meals, after party on Sunday, welcome pack (event tshirt and goodies)</p>
	<p>CANCELLATION POLICY Registration fees are refundable (less an administrative fee) up to 3 weeks prior to the race. Cancellation request must be sent to athletes@enduroworldseries.com by 23:59 GMT June 14. Entries are no longer refundable after June 15. After this date, the registration proceeds are transferred to the organizer and the account is closed. Registrations are not transferable.</p>
	<p>EWS MEMBERSHIPS EWS memberships are valid for a calendar year (January-December). 2019 memberships can be renewed / purchased at: LINK Cost 31.99GPB (subject to VAT where applicable)</p> <p>EWS EWS Memberships mandatory for eligibility and event entry.</p> <p>EWS100 EWS memberships are optional for EWS100 racers, but:</p> <ul style="list-style-type: none">• Only EWS members will be eligible to collect EWS Global Ranking points at the EWS 100 (as well as EWS Continental Series and EWS Qualifier Series events). A rider must hold a valid EWS membership prior to starting the race in order to collect EWS Global Ranking points. No points will be awarded retrospectively should a rider purchase an EWS membership after an event.• Only EWS members will be added to the EWS Reserve List and offered priority registration for the following season.
	<p>RACE LICENSES</p> <p>EWS The EWS is a UCI class 3 race. All racers must have a UCI license issued by their own national cycling federation.</p> <p>EWS100 Riders can take part in the EWS100 if they hold any of the following licenses: No license. Some national federations require a day license which can be bought on-site. Certain countries also require a medical certificate. Amateur license Master license Cycling for All license</p>
	<p>INSURANCE Travel, medical and personal liability insurance coverage is not provided by the LesOrres organizers or the Enduro World Series.</p>





	<p>Racers are fully responsible for any medical or other costs that may directly or indirectly result from their participation in the LesOrres EWS/EWS100. Racers should have the following insurance coverage:</p> <ul style="list-style-type: none">• Insurance for bodily injury (in and out-patient hospital expenses and medical care, transport costs, permanent disablement, death) and material damages (loss of earnings) in case of accident on the occasion of a cycling competition or during training.• Third-party liability insurance for material damage or bodily injury caused to others in the course of a competition or cycling event or during training.
	<p>ONSITE CHECKIN / PLATE COLLECTION LOCATION: Espace Rencontre et Culture Les Orres</p> <p>HOURS: Wednesday 13:00-14:00 (EWS Team riders only) Wednesday 14:00-18:00 Thursday 8:00-11:00 Friday 8:00-10:00*</p> <p>*Deadline. Riders who have not collected plate / checked in by Friday 10:00 will not be included on the Start List for Saturday.</p> <p>Managers/coaches/parents can collect packages on behalf of racers – no need to have pre-arranged (but need to have copy of racer’s photo identification and license)</p> <p>Altering, cutting, or placing of unauthorized stickers or sponsor logos on race plate is not permitted.</p>
	<p>RIDER BRIEFING Friday 18h30 CAR Podium</p> <p>Changes to the rules, course, timetable etc and details of course marking, technical assistance zones and feed station will be communicated at the Rider Briefing. Non-attendance at the Rider Briefing will not be accepted as an excuse for any rule violation by any rider.</p> <p>Visit the Facebook Event Page / Rider Forum for up-to-date race information or to ask any questions. https://www.facebook.com/events/401060163956900/</p>
	<p>TIMING Timing system: SPORTident AIR+ system Timing chips will be issued from the timing tent (behind the CAR Podium) on Saturday. EWS racers should arrive at least 15minutes prior to their start time. EWS100 racers will be provided with a scheduled time range to collect the chips.</p> <p>Each rider will be issued two chips (the second unit provides backup in case of loss or a crash). One chip should be worn on each wrist.</p> <p>Timing transponders will be collected in the finish of the race. Racers who withdraw or do not complete the race should return the chips to the finish. Lost or damaged transponders will be assessed a 100 GBP replacement fee.</p>
	<p>BIKE MARKING Racers must use the same bike (frame, fork and wheels) for the race.</p> <p>If one of these parts break (frame, fork, rear swingarm and wheels), riders have to report it to the race director.</p>



In the case of a replacement of a part or the entire bike, a 3-minute penalty will be given if the rider reports it to the race director (with the penalty assigned to the Stage when the replacement is made). If not reported, the rider will be disqualified.

Official event bike marking stickers (5 total) will be included in the race package.

Bike Marking applies to both EWS and EWS100 racers.

Stickers need to be applied to the top tube of the frame, right side of the rear swing arm, right crown of the front forks and each wheel rim.

Do not affix the stickers until the race day.

The race package will contain a 6th sticker. This sticker should be applied to the helmet – and will be used for the shuttle transfer at the end of stage 4 on Saturday.

Racers who lose their bike marking stickers prior to the race start may be assessed a time penalty.



COURSE

Course description/maps will be released on Sunday June 30.

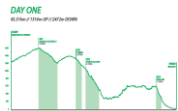
All stages will be closed for riding until official training.

EWS and EWS100

Number of Stages: total (4 Day One // 4 Day Two)

Approximately Distance (race stages) : 14.1km Day One and 13.2km Day Two








Course elevation: approx. 2900m Day One and 3200m Day Two



Refer to LIASION INFORMATION (to be published once course maps released) document for allocated transfer times.

Terrain type: This ski resort in the Hautes-Alpes region of France will offer up a classic slice of French style enduro: big alpine descents, long stages and the odd chairlift ride to get to the top of those big mountain stages. From the resort's peaks which reach altitudes of over 2720m, via trails through the "mélèzes" forest and authentic hamlets all the way to the lakeshore, racers can expect fast, open alpine terrain followed by technical forested single track.



	<p>TRAINING</p> <p>To manage congestion on the tracks during training, there will be separate training times for EWS and EWS100. Racer will be limited to 1 training run on each Special Stage.</p> <p>Thursday July 4 Training [select stages and times – refer to schedule] Friday July 5 Training [select stages and times – refer to schedule]</p> <p>Race stages are closed during official training to all but racers, accredited media and official EWS Team staff. All riders on course during practice must have plates on their bikes. Any rider training without a plate or outside the official schedule will be disqualified.</p>
 	<p>UPLIFTS</p> <p>The entry fee includes all lifts for the race and trainings days (4 days total). Access with race plates – lift passes will not be issued.</p> <p>Shuttle will collect riders at the bottom of S4 to return to the 1650 Race Village on Thursday (training) and Saturday (race). Racers are permitted to return to the 1650 Race Village after S4 on Thursday by private shuttle.</p>
	<p>FEED ZONES</p> <p>There will be two different feed zones : one will be located in the resort center (next to paddocks and main stages finish) and at the second at Plan d'Eau in Embrun.</p> <p>Available items: fresh and dried fruits, cheese, rice salad, pasta salad, cakes, chocolate, crackers, soft drinks and water.</p>
	<p>TECHNICAL ASSISTANCE ZONES</p> <p>EWS Technical Assistance is only permitted in the Technical Assistance Zone. Racers will pass through the Paddock on Saturday (after Stage 1) and Sunday (after Stages 5 and 6)</p> <p>EWS100 Outside assistance is permitted.</p>
	<p>PROTECTION RULES</p> <p>Racers must wear a full face helmet (either fixed or detachable chin pieces) at all times during the race - including liaison stages on the bike. It is not permissible to carry a second helmet attached to the pack / body.</p> <p>Full fingered gloves, knee pads and a CE certified back protector are compulsory on race stage. A backpack can replace the back protector if it includes CE certified back protection.</p> <p>The rules apply to both training and race days.</p>
	<p>HELMET CAMERAS</p> <p>On board cameras must either be worn on peak / visors or affixed with a breakable mount. Chest mounts are not permitted. Racers wearing a camera on race day may be required to sign a waiver. Forms will be available at the race start.</p>





RACE RULES

Riders are expected to read and understand the Race Book and Rule Book. Unfamiliarity will not be accepted as an excuse for any rule violation by any rider

<http://www.enduroworldseries.com/ews-general/rules-and-resources/>

The Race Director is authorized to give additional penalties that are not listed in the EWS rules in the case of a rider who fails to respect the other riders, the spirit of the sport, the environment or the organization.

Protests and complaints regarding the race, results, behavior of the other racers and any other sort of issue must be presented to the Race Director or Chief Commissaire within 15 minutes from the posting of the results.

RULE BREAK REPORT FORM: https://docs.google.com/forms/d/e/1FAIpQLSc-FhoIqP7w0Jf8m_2ZQbp6nHAKUPnHQvp_IMDbJy2-5PpkMw/viewform

Race Director: Sebastien Aubert | directionesflesorres@gmail.com | +33 06 83 25 50 26

UCI Chief Commissaire: Fulvia Tosi | fulvia.uci@gmail.com | +39 339 380 22 60



CATEGORIES

WOMEN

WOMEN | Under 21 (1999-2002)

WOMEN | Master 35+ (1984+)

MEN

MEN | Under 21 (1999-2002)

MEN | Master 40+ (1979+)

EWS uses December 31 2019 as the age calculation date.

Minimum age 17 (Year of birth 2002)



START LIST and START PROCEDURES

List of registered riders published at <https://www.enduroworldseries.com/race/ews-round-5/ews-les-orres-coupe-du-monde/201880/>: "Participating Rider" tab/menu

Any racer who has not checked in / collected their race plate by 10h00 Friday will be removed from the start list.

EWS

Start List (with individual start times) will be published after onsite checkin closes (10h00 Friday).

Riders will be issued a sticker with their individual stage start times on Saturday morning at the start platform . Racers will have preassigned start times for all 8 stages.

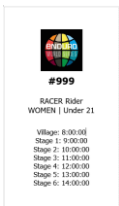
Late racers will be given the following penalties:

up to 5 minutes late = 1 minute penalty.

5+ minutes late = 5 minutes penalty

Any racers arriving at the start of a race stage later than 30 minutes after their specified start time, or once all other racers in their category have started, will be assigned a DSQ for the race and should not complete any other stages.

A 1-minute interval will be added every 20-30 riders to allow a clear gap to start riders who have missed their start. All late riders must start, under instructions from the official starter, within each 1-minute gap. There is no fixed start interval between late starters as the goal is to keep late riders racing, without affecting other riders on course. Late starters will receive a fixed penalty





If a racer is delayed reaching the start as a result of assisting an injured rider or due to some other exceptional circumstances beyond the racer's control (which the rider can provide evidence for), the time penalty may be waived and / or the racer may be permitted to repeat the stage. Any racer affected by a 'significant incident' during a transition or special stage should immediately report to the finish or start official of the affected stage (as applicable).

The Race Director has the final right to change start times during the race in case of any unforeseen circumstance.

EWS100

Once EWS100 racers leave the start, EWS100 racers will need to complete the balance of the stages in order, but they will not have preassigned individual start times or fixed start intervals for any of the following race stages. Rather, EWS100 rider will have a specific time period to complete each individual stages as well as an overall time to complete the course each day.

Opening / closing times for each stage will be published after registration closes on Friday.

If a rider does not complete the course within their final time check, they will have a penalty added to their overall time.

Late racers will be given the following penalties:

up to 5 minutes late = 1 minute penalty.

5+ minutes late = 5 minutes penalty

START ORDER and SEEDING

EWS100

EWS100 uses a fastest first format.

EWS100 racers will be assigned a start position for the first stage based on the information in they "Self Seeding" section of their EWS Rider Profiles (1 Super Fast, 2 Fast, 3 Good 4 Pure Fun.) .

<http://portal.enduroworldseries.com> *User Navigation > Additional Racer Info* tab/menu

EWS racers can also request to be paired up with teammates / friends for the start (even from different categories). *EWS Rider Profile > User Navigation > Additional Racer Info > "Paired Rider"*

Once EWS100 racers leave the start, they are not required to remain in the original start positions for the balance of the stages.

EWS

Riders in the EWS will have individual preassigned start times for all the stages.

Riders will be seeded based on a combination of their current 2019 Enduro World Series and EWS Global rank, their final 2018 Enduro World Series and EWS Global Ranking, and (if applicable) EWS team status.

MEN | Master 40+

WOMEN (*outside top 15*)

WOMEN | Under 21

WOMEN | Master 35+

MEN | Under 21

MEN (*outside top 30*)

WOMEN (*top 15 EWS rank plus EWS team riders*)

MEN (*top 30 EWS rank*)











	<p>LIVE TIMING and RESULTS Race Feed and Live Timing: https://www.enduroworldseries.com/live/ Official Results (with penalties): https://www.enduroworldseries.com/race/ews-round-5/ews-les-orres-coupe-du-monde/201880/results/</p>
	<p>AWARDS Sunday 18h00 Separate podiums for EWS and EWS100 Top 3 from each race categories will be awarded – as well as the to 3 EWS teams of the day. Race podiums will followed by presentation for EWS overalls (Women, Women U21, Women Master 35+, Men, Men U21 and Men Master 40+, Team)</p>
	<p>PRIZE MONEY EWS Men and Women Prize Money (Euros) 1st 1000 2nd 600 3rd 400 4th 200 5th 100 Total prize purse = 4600EUR Payment will be made by cash at the podium presentation.</p>
	<p>RANKING POINTS Riders must have an active 2019 EWS membership in order to be eligible to collect ranking points. EWS Points are listed in Appendix 1 of the EWS Rules. https://www.enduroworldseries.com/ews-general/rules-and-resources/ EWS100 EWS Rules - Section 14.4 EWS100 riders who are valid EWS Members will score Global Ranking points using the following calculation: EWS Series points equating finish place in scratch format with all EWS racers minus 20%.</p>
	<p>QUEEN STAGE EWS The winner (per category) of the Queen Stage (Stage 2 Saturday) will be awarded bonus EWS series points. Men: 40 Point Bonus Women: 40 Point Bonus U21/Master Men: 25 Point Bonus U21/Master Women: 10 Points Bonus</p>
	<p>AFTER PARTY 19h30 Sunday. No tickets required</p>
	<p>BIKE WASH 2 bike wash points will be available. One with 8 wash stations and one of 4 stations</p>
	<p>TOILETS Toilets are located on main place (near the Paddock), down the 2nd stage in Baratier and on Saturday finish place (Plan d'Eau d'Embrun)</p>





	<p>BIKE SHOPS Les Orres: https://www.lesorres.com/fr/magasins-sports-ete Embrun: Alpes 2 Roues https://www.alpes2roues.com</p>
	<p>RACER PHOTOGRAPHS A professional local photographer will be taking photos of all the racers on Saturday and Sunday. Photos can be viewed / ordered at http://www.tintinphoto.net/albums.html . EWS album in "Eté - Triathlons - VTT"</p>
	<p>EVENT FIRST AID / EMERGENCY SERVICES Bike Park Patrol or the LesOrres Station Rescue Team will be responsible for on course event first aid during training and race days. ASAM (local rescue organization) team and event doctors will be in the race village.</p> <p>Emergency Dispatch: Organizer Stephane Henry : +33 6 71 57 31 47 Ambulance Services: 112</p>
	<p>MEDICAL FACILITIES LesOrres Medical center Sophie Lecocq et Stéphane Mégarni : +33 4 92 44 03 40 Nearest hospital is Embrun 15km or Gap 40km</p> <p>CONCUSSION PROTOCOL Any racer who fails a concussion assessment by a qualified medical practitioner, during that event, will be removed from the current practice session or race and will be prohibited from further participation in any practice session or race until cleared in writing by a medical doctor to resume such activity. Should a concussion be confirmed by a medical doctor, the athlete is responsible for completing a 'graduated return to activity' plan.</p> <p><u>DOWNLOAD</u> Concussion Pocket Guide for Riders</p> <p>INJURY/ILLNESS PERFORMANCE PROJECT During all EWS/EWS100 events, medical staff may collect preliminary rider injury and illness data, in order to monitor the magnitude of issues that occur. As part of your participation this will include your medical data should you sustain an injury (or illness) during the event. You will not be identifiable at any stage during any collection of this data, and any data collected on you will be anonymized and kept strictly confidential at all times. The information gathered may be used by the EWS to help guide and direct future rider health and injury/illness prevention initiatives. You do not need to do anything as part of this data collection.</p>
	<p>MASSAGE / PHYSIOTHERAPY Ostéopathe - Laëtitia Lobelson - 00336 23 70 62 46</p>
	<p>PARKING Public parking available – some are free during the day and some free at night (starting at 20:00h). Parking is near team pits.</p>



TRAVEL / TRANSPORTATION

Please refer to <https://www.lesorres.com/en/directions-and-transport> for driving directions and transfer options.



ACCOMMODATION

Accommodation Options: <https://www.lesorres.com/fr/hebergements>

For assistance or recommendations, contact Nathalie Nardini at reservation.lesorres@lesorres.com



CAMPING

OFFICIAL CAMPER VAN ZONE:

Champs Lacas - with toilet, shower option with the swimming pool, and "Flots bleu" services. Tokens for water are sold at the 1650 Tourist Office.

Showers are located at the Swimming pool in Pramouton zone/close to the Tennis square. Tickets for the shower will be available at the Race Registration headquarter.



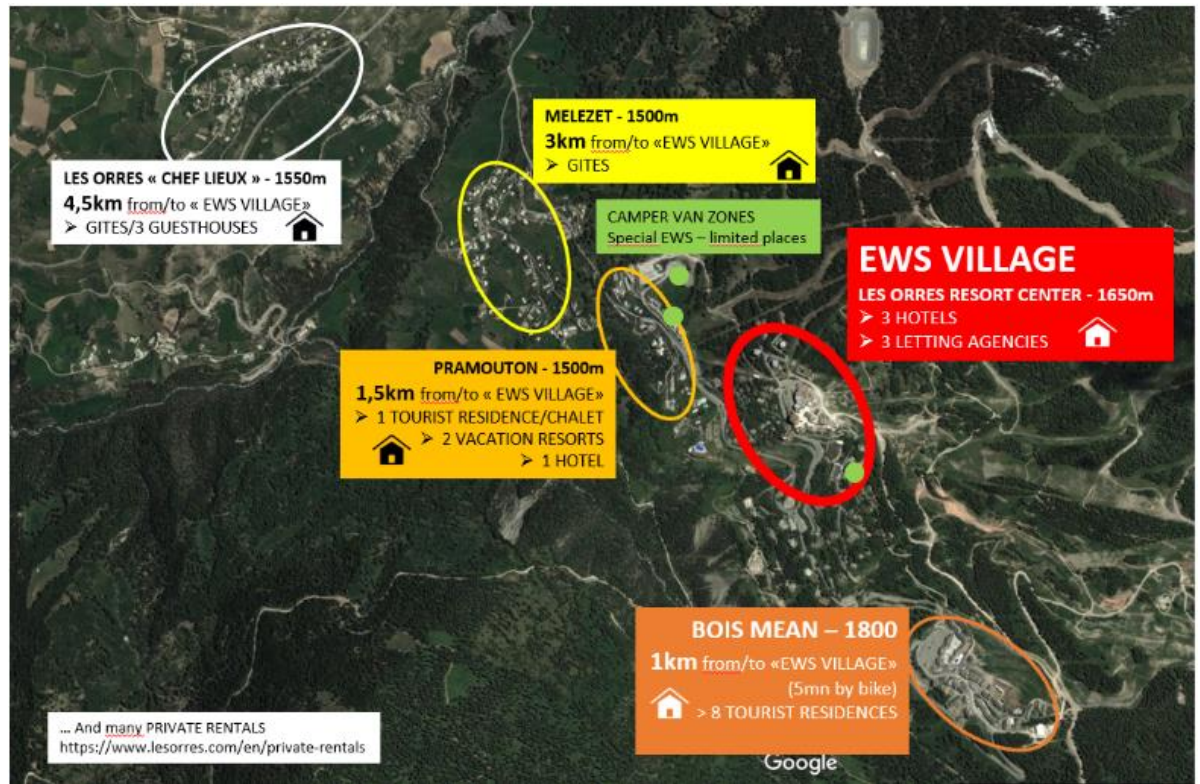
AUTONOMOUS CAMPER VAN :

Pramouton - with toilet, shower option with the swimming pool, NO "Flots Bleu" services

FULL AUTONOMOUS CAMPER VAN :

No Toilet, No "Flot Bleu" services", shower option with the swimming pool.

Showers are located at the Swimming pool in Pramouton zone/close to the Tennis square. Tickets for the shower will be available at the Race Registration headquarter.



OTHER RIDING OPTIONS

Recommendations for riders arriving in advance or staying after the EWS race:



Les Orres bike park will be open during the event:

<https://www.lesorres.com/en/mountain-bike-bike-park-map>

And there many other riding options in Hautes-Alpes :

<https://www.mountnpass.com/france/parcours-velo/provence-alpes-cote-dazur/hautes-alpes/>



ACTIVITIES FOR NON-RACING PATNERS and PLACES OF INTEREST

Visit <https://www.lesorres.com/en/evenements> for more information.



EVENT MERCHANSIDE

EWS Shop. <https://shop.enduroworldseries.com/>

EWS jerseys, gloves, goggles, socks, tshirts and sweatshirts available online.



EWS

<http://www.enduroworldseries.com/>





CONTACTS

Tourism Office Director / event coordination: Emmanuelle Tahmazian
emmanuelle.tahmazian@lesorres.com

Expo and logistics: Manu Frison evenementslesorres@yahoo.fr

Press Manager: Pamela Lemonier p.lemonnier@lesorres.com

Sponsorship manager: Cécile Couton-Jean commercial@lesorres.com

Tourism Information Manager: Cédric Roussel ot.accueil@lesorres.com

Registration and Teams/Racers: Nathalie Grether nathalie@enduroworldseries.com

Media Inquiries / Accreditation: Kate Ball kate@enduroworldseries.com

